



**COUNTY GOVERNMENT OF NAIROBI CITY**

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**NAIROBI CITY COUNTY ASSEMBLY**

**PROGRAMME OF ASSEMBLY BUSINESS**

**WEEK COMMENCING;**

**WEDNESDAY, 1<sup>ST</sup> NOVEMBER, 2023**



**\*3<sup>RD</sup> ASSEMBLY \* 2<sup>ND</sup> SESSION**

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NAIROBI

*31<sup>st</sup> October, 2023*

**COUNTY GOVERNMENT OF NAIROBI CITY  
COUNTY ASSEMBLY THIRD ASSEMBLY  
(SECOND SESSION)**

**PROGRAMME OF ASSEMBLY BUSINESS FOR THE WEEK COMMENCING  
WEDNESDAY, 1<sup>ST</sup> NOVEMBER, 2023**

**WEDNESDAY: Communication from the Chair, Petitions, Papers  
01/11/2023 Laid, Notices of Motions, Messages and Statements.**

**Wednesday, 1<sup>st</sup> November, 2023 at 2.30p.m.**

**1. \*MOTION – HON. PETER JATESO IMWATOK, MCA – MAJORITY LEADER**

**Subject: *Establishment of an Ad-Hoc Committee to Investigate the County Local Revenue Collection System(S) And Administration***

**Thursday, 2<sup>nd</sup> November, 2023 at 2.30p.m.**

**A. MOTION – HON. PETER MAINA MWANGI, MCA.**

**Subject: Multi- agency approach towards mitigation of rising suicide cases among the youth**

**AWARE THAT** Section 226 of the Penal Code Cap. 63 of the Kenya Law provides that any person who attempts to kill himself/herself is guilty of a misdemeanor; **NOTING THAT**; according to the Kenya Ministry of Health Suicide Prevention Strategy 2021-2026, Suicide has multifaceted causes as is often a result of a convergence of genetic, bio-physiological, psychological, socioeconomic, cultural and other risk factors; **ACKNOWLEDGING THAT**, with established links of suicide behaviors and mental health, many suicides happen impulsively in moments of crisis with a breakdown in the ability to deal with life stresses, such as financial problems, relationship break-up or chronic pain and illness; **SYMPATHIZING THAT** the World Health Organization (WHO) estimates that in Kenya 1,408 people commit suicide yearly, translating to 4 deaths daily, **FURTHER SYMPATHIZING** that in every 4 deaths, 3 are male constituting a male /female gender ratio of 3:1 with average age being 35 years, ranging from the ages of 17 to 73 years; **COGNIZANT THAT** an inter-governmental and multi-agency approach needs to be deployed with an aim of reducing deaths by suicide and suicidal behavior by mitigating factors that increase suicide risk and increasing factors that promote resilience; this **ASSEMBLY THEREFORE** urges the County Executive to;-

- a) Engage the Ministry of Health and other relevant agencies towards implementing the National Policies and Guidelines on suicide prevention in the county; and,
- b) Introduce programs and interventions for suicide prevention and management in the County for consideration in the subsequent Annual Development plan for implementation.



Tuesday, 7<sup>th</sup> November, 2023 at 2.30 p.m.

**1. MOTION – HON. AMI AMBALA, MCA**

**Subject: To conduct a mandatory mental health assessment of all its employees in the County with an aim of sensitizing, diagnosing and recommending treatment.**

**AWARE THAT** paragraph 2 of Part 2 of the Fourth Schedule to the Constitution of Kenya, 2010, provides for primary health as one of the devolved County Government's function; **CONCERNED THAT**; according to the Kenyan National Commission of Human Rights an estimate of 25% and 40% of outpatients and inpatients suffer from mental health conditions, with most frequent diagnoses of mental illnesses made in general hospital settings being depression, substance abuse, stress, and anxiety disorders; **FURTHER CONCERNED THAT**; public serve has not been an exception as evident by the rising cases of mental health with alarming rate of alcohol and substance use, anxiety disorders ,suicides , occupational injuries, workplace conflicts and absenteeism leading to a decline in quality of service delivered and productivity among public officers; **ACKNOWLEDGING THAT**; there is need of urgent prevention and mitigation measures by public and private sector employers that will enable timely sanitization, counselling and assessment of mental health cases without stigmatization; this **ASSEMBLY THEREFORE RESOLVES** that the County Executive conducts a mandatory mental health assessment of all its employees in the County with an aim of sensitizing, diagnosing and recommending treatment for any mental health cases for the same and the exercise to be emulated by the private sector.

**NAIROBI CITY COUNTY ASSEMBLY**  
c/o  
**Tables and Journal's Office**

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