



REPUBLIC OF KENYA
NAIROBI CITY COUNTY ASSEMBLY
THIRD ASSEMBLY – (SECOND SESSION)

ORDERS OF THE DAY

THURSDAY, NOVEMBER 2, 2023.

ORDER OF BUSINESS

PRAYERS

1. Administration of Oath
2. Communication from the Chair
3. Messages
4. Petitions
5. Papers
6. Notices of Motion
7. Statements

8. *MOTION – HON. PETER MAINA MWANGI, MCA.

Subjects: multi- agency approach towards mitigation of rising suicide cases among the youth

AWARE THAT Section 226 of the Penal Code Cap. 63 of the Kenya Law provides that any person who attempts to kill himself/herself is guilty of a misdemeanor; **NOTING THAT**; according to the Kenya Ministry of Health Suicide Prevention Strategy 2021-2026, Suicide has multifaceted causes as is often a result of a convergence of genetic, bio-physiological, psychological, socioeconomic, cultural and other risk factors; **ACKNOWLEDGING THAT**, with established links of suicide behaviors and mental health, many suicides happen impulsively in moments of crisis with a breakdown in the ability to deal with life stresses, such as financial problems, relationship break-up or chronic pain and illness; **SYMPATHIZING THAT** the World Health Organization (WHO) estimates that in Kenya 1,408 people commit suicide yearly, translating to 4 deaths daily, **FURTHER SYMPATHIZING** that in every 4 deaths, 3 are male constituting a male /female gender ratio of 3:1 with average age being 35 years, ranging from the ages of 17 to 73 years; **COGNIZANT THAT** an inter-governmental and multi-agency approach needs to be deployed with an aim of reducing deaths by suicide and suicidal behavior by mitigating factors that increase suicide risk and increasing factors that promote resilience;...

...this **ASSEMBLY THEREFORE** urges the County Executive to;-

- a) Engage the Ministry of Health and other relevant agencies towards implementing the National Policies and Guidelines on suicide prevention in the county; and,
- b) Introduce programs and interventions for suicide prevention and management in the County for consideration in the subsequent Annual Development plan for implementation;

NOTICES

1. **The Assembly resolved on Tuesday, 21st February, 2023 as follows: -**

THAT, each speech in a debate on any Motion, including a Special motion be limited in the following manner:-A maximum of three hours with not more than twenty (20) minutes for the Mover and ten (10) minutes for each other Member speaking, except the Leader of the Majority Party and the Leader of the Minority Party, who shall be limited to a maximum of fifteen (15) minutes each, and that ten (10) minutes before the expiry of the time, the Mover shall be called upon to reply; and that priority in speaking be accorded to the Leader of the Majority Party, the Leader of the Minority Party and the Chairperson of the relevant Sectoral Committee, in that Order.

* **Denotes Orders of the Day** *

NOTICE PAPER I

Tentative business for Tuesday, 7th November 2023.

(Published pursuant to Standing Order 41(1))

IT IS NOTIFIED that the Assembly Business Committee, at their last meeting, approved the following ***tentative*** business to appear in the Order Paper for Tuesday, 7th November 2023:-

1. MOTION – HON. AMI AMBALA, MCA

Subjects: To conduct a mandatory mental health assessment of all its employees in the County with an aim of sensitizing, diagnosing and recommending treatment.

AWARE THAT paragraph 2 of Part 2 of the Fourth Schedule to the Constitution of Kenya, 2010, provides for primary health as one of the devolved County Government's function; **CONCERNED THAT**; according to the Kenyan National Commission of Human Rights an estimate of 25% and 40% of outpatients and inpatients suffer from mental health conditions, with most frequent diagnoses of mental illnesses made in general hospital settings being depression, substance abuse, stress, and anxiety disorders; **FURTHER CONCERNED THAT**; public service has not been an exception as evident by the rising cases of mental health with alarming rate of alcohol and substance use, anxiety disorders, suicides, occupational injuries, workplace conflicts and absenteeism leading to a decline in quality of service delivered and productivity among public officers; **ACKNOWLEDGING THAT**; there is need of urgent prevention and mitigation measures by public and private sector employers that will enable timely sanitization, counselling and assessment of mental health cases without stigmatization; this **ASSEMBLY THEREFORE RESOLVES** that the County Executive conducts a mandatory mental health assessment of all its employees in the County with an aim of sensitizing, diagnosing and recommending treatment for any mental health cases for the same and the exercise to be emulated by the private sector.
