



*Paper read  
by Chair/Health  
Committee  
on 30/6/15  
H/C  
30/6/15*

NAIROBI CITY COUNTY ASSEMBLY

**NINETEENTH REPORT**  
OF THE  
SECTORAL COMMITTEE ON HEALTH SERVICES

INSPECTION VISIT TO MOWLEM HEALTH CENTRE



JUNE 2015

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## 1.0 PREFACE

Mr. Speaker Sir, on behalf of the Members of the Sectoral Committee on Health Services, it is my pleasure and duty to present to the Assembly, the Committee's Nineteenth Report on inspection site visit to Mowlem Health Centre on 14<sup>th</sup> April 2015.

## 2.0 BACKGROUND

Mowlem Health Centre is situated 19km from Nairobi CBD off Kangundo Road in Embakasi West Sub County.

The Health Services Committee resolved to visit the Mowlem Health Centre to inquire into the true state of affairs at the facility following a concern by a Member of the Assembly that the facility was not equipped and was in dire need of infrastructural development. The visit was thus conducted on 14<sup>th</sup> April 2015.

### 2.1 Committee Mandate

Mr. Speaker Sir, the Committee on Health Services is one of the Sectoral Committees established under Standing Order No. 191 (5) which provides that, the functions of a Sectoral Committee shall be to:-

- Investigate, inquire into and report on all matters relating to the mandate, management, activities, administration, operations and estimates of the assigned departments;
- Study the programme and policy objectives of departments and the effectiveness of the implementation;
- Study and review all county legislation referred to it;
- Study, assess and analyze the relative success of the departments as measured by the results obtained as compared with their stated objectives;
- Investigate and inquire into all matters relating to the assigned departments as they may deem necessary, and as may be referred to them by the County Assembly;
- To vet and report on all appointments where the Constitution or any law requires the County Assembly to approve, except those under Standing Order 185 (Committee on Appointments); and
- Make reports and recommendations to the County Assembly as often as possible, including recommendations of proposed legislation.
- **Mandate:** All matters related to county health services, including, in particular County health facilities and pharmacies, ambulance services, promotion of primary health care, licensing and control of undertakings that sell food to the public, veterinary services (excluding regulation of the profession), cemeteries, funeral parlours and crematoria.



## 2.2 Committee Membership

Mr. Speaker Sir, the Sectoral Committee on Health Services was constituted by the Assembly on Tuesday, May 7<sup>th</sup> 2013 comprising of the following Members:-

- |   |                                     |
|---|-------------------------------------|
| 1. Hon. Manoah Karega Mboku,<br>MCA- Chairperson      | 7. Hon. Erastus Muiruri Mburu, MCA  |
| 2. Hon. Martin Mugo Kanyi,<br>MCA- Deputy Chairperson | 8. Hon. Peter Wahinya Kimuhu, MCA   |
| 3. Hon. George Ochieng Ochola,<br>MCA                 | 9. Hon. Charles Thuo Wakarindi, MCA |
| 4. Hon. Samwel Nyaberi<br>Nyang'wara, MCA             | 10. Hon. Tabitha Juma, MCA          |
| 5. Hon. Elizabeth Akinyi Manyala,<br>MCA              | 11. Hon. Rose Nancy Luchiri, MCA    |
| 6. Hon. Peter Oweru Oluoch,<br>MCA                    | 12. Hon. Elizabeth Sang, MCA        |
|   | 13. Hon. Florence Athembo, MCA      |
|   | 14. Hon. Susan Karimi Njue, MCA     |
|   | 15. Hon. Abdi Mohammed, MCA         |
|   | 16. Hon. Leah Mumo Mate, MCA        |
|   | 17. Hon. Karen Wanjiku, MCA         |

## 2.3 Committee Meetings

Mr. Speaker Sir, the Committee at its meeting held on Tuesday 31<sup>st</sup> March, resolved to visit Mowlem Health Centre. The objective of the visit was to inspect the status of the facility with a view to making recommendations for corrective action in regard to its operations in service delivery to the citizens of the County.

Mr. Speaker Sir, I have the honour and pleasure to present the Nineteenth Report of the Committee on the visit to Mowlem Health Centre.

## 2.4 Acknowledgement

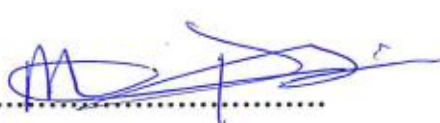
Mr. Speaker Sir, May I take this opportunity to thank all Members of the Committee for their input and valuable contributions during the visit.

The Sectoral Committee on Health Services wishes to thank the office of the Speaker and the Clerk of the Nairobi City County Assembly for the continuous maximum support and guidance extended to it in the execution of its mandate.

Mr. Speaker Sir, It is my pleasure, duty and privilege to present and recommend this report to the Assembly for adoption.

Thank you.

Signed .....



25/6/15

Hon. Manoah Karega Mboku, MCA, Chairperson of the Health Services Committee

### 3.0 INSPECTION OF MOWLEM HEALTH CENTRE

The Committee visited Mowlem Health Centre on the afternoon of 14<sup>th</sup> April 2015 and was accompanied by a team from the County Health Services department.

The Committee was received by the facility's management team as well as staff from the County health sector and the area Ward Representative. The delegation proceeded to an outdoor meeting where several issues were discussed and noted.

After deliberations in the meeting the Committee was taken on a tour of the facility which is made up of iron sheet structures.

The observations and challenges noted by the Committee are highlighted in this report.

### 4.0 COMMITTEE OBSERVATIONS

The Committee observed several issues as noted below.

- In the meeting observations were drawn to the attention of the Committee by the following participants:-

#### 1. Facility In charge

##### **Brief of the facility**

- i. The facility started as an initiative of the Community and was handed over to the County Government to run;
- ii. The land where it sits initially belonged to Kenya power & Lighting Company who later donated it to the Community. It now officially belongs to the County;
- iii. The infrastructure comprises of an iron sheet structure that is further subdivided using iron sheets into three rooms that are used to offer services to patients. There is also a store made of iron sheets and a toilet block made of concrete within the compound;
- iv. The facility has only two staff (two nurses) who reported to work on the previous day i.e 14<sup>th</sup> April, 2015;
- v. Inside the facility, it has;-
  - o A drip stand;
  - o Table;
  - o Sink;
  - o Vaccine carrier;
  - o A small domestic fridge;
  - o A 100 liter water container;



- A bed;
- A Plastic chair; and
- vi. The next nearest facility to Mowlem is the Kariobangi South Health Centre.

#### Challenges faced

- i. The facility faces a challenge of staffing, lack of operational equipment as well as medical supplies. A list of equipment required submitted to the Committee by the two nurses on the ground is listed as below (note that the list has also been forwarded to the Chief Officer, Health Services):-

#### EQUIPMENTS REQUIRED FOR MOWLEM CLINIC -16/4/2015

- |   |   |
|---|---|
| ▪ 2 Examination couches                       | ▪ 2 BP Machines ( One manual, and one automatic)      |
| ▪ 6 Dressing packs                            | ▪ Weighing scales (Adult with height board and Child) |
| ▪ 2 Stitching packs                           | ▪ Diagnostic set                                      |
| ▪ Small Autoclave machine                     | ▪ 2 Fetoscopes  |
| ▪ IUCD Packs                                  | ▪ 2 Stethoscope                                       |
| ▪ 3 Implant insertion sets and 3 removal sets | ▪ Screen  |
| ▪ 2 Fridge                                    | ▪ Torch-big   |
| ▪ Modification of the drug store              | ▪ Angle light   |
| ▪ 2 Lockable record Cabinet                   | ▪ Water storage tank                                  |
| ▪ 4 Hospital beds, Mattresses, Pillows        | ▪ Toilet connection to sewerage                       |
| ▪ Roof repair                                 | ▪ Small cooking gas                                   |
| ▪ Putting ply wood in all the rooms           | ▪ 2 Sufurias  |
| ▪ Putting up of a waiting bay for clients     | ▪ Thermos   |
| ▪ 6 Chairs and 2 Tables                       | ▪ 6 Cups and spoons                                   |
| ▪ Water dispenser                             | ▪ Colour coded bins and liners                        |
| ▪ 2 Trip stands                               | ▪ 3 padlocks  |
|   | ▪ Hand wash soap                                      |
|   | ▪ Hand Sanitizers                                     |

## LAB ITEMS NEEDED LATER FOR OPENING A LAB

### 1. INFRASTRUCTURE

- Adequate room size >5x4M
- The building must be safe (burglar proof doors and windows)
- proper drainage including sinks
- Proper lighting
- Good ventilation (ratio of window to floor area>15%)

-HB meter

### 3-FURNITURE

- Benches of standard height (0.9m high and 0.5m wide and top covered with formica or tiles)
- Laboratory stools
- lockable cabinet

### 2. EQUIPMENTS

- Binocular microscope
- centrifuge
- Refrigerator
- Glucometer

### 4-UTILITIES

- Tap water
- Good power supply
- Closed drainage

- ii. There is an urgent need to construct a strong and permanent structure financed by the County Government as the one in place is limited in space and quite insecure for housing equipment and supplies.

## 5.0 RECOMMENDATIONS

Mr. Speaker following the visit, the Committee urges this Assembly to resolve as follows;

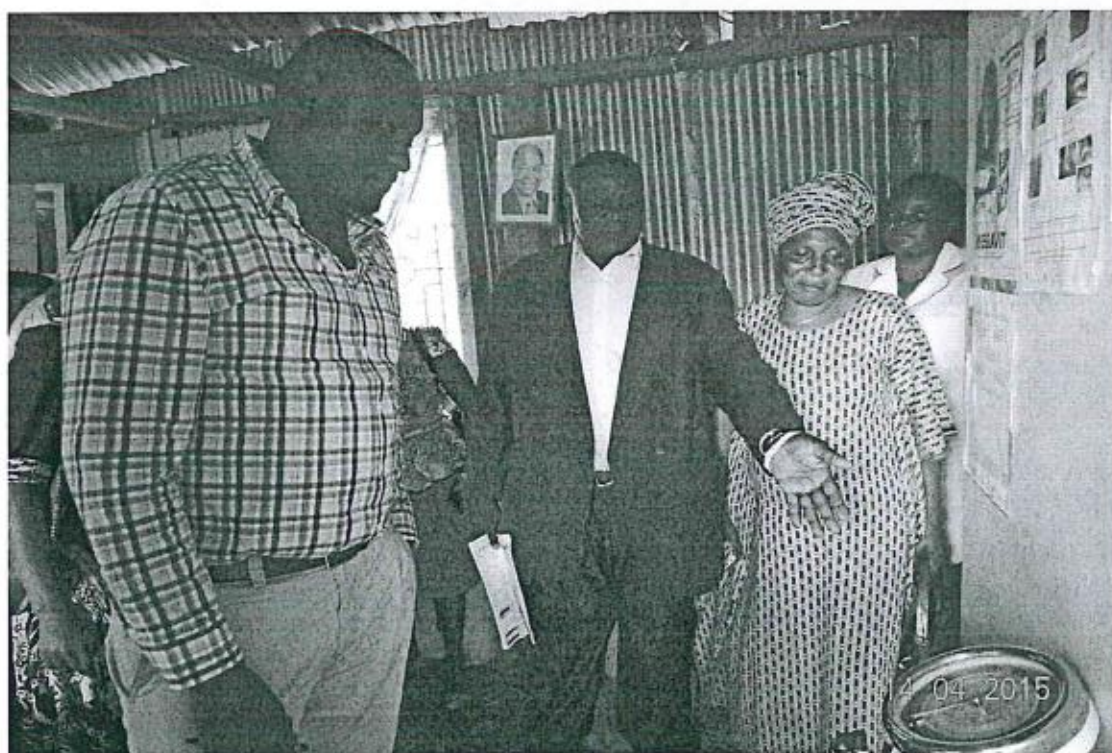
- 1) Supply of drugs, laboratory supplies and working equipment listed above be provided to Mowlem Health facility as a priority to kick-start efficient and sufficient provision of medical services to the residents of Mowlem;
- 2) The County Government to allocate funds for construction of permanent structures that will improve provision of services and enhance security to the facility's equipment; and
- 3) The County Health sector to deploy additional staff to curb the shortage of staff so as to improve on health service delivery.
- 4) The County Health Sector to urgently conduct an audit of all County Health facilities, including the physical location, staffing levels of all cadres and adequacy of physical infrastructure.



PICTURE GALLERY

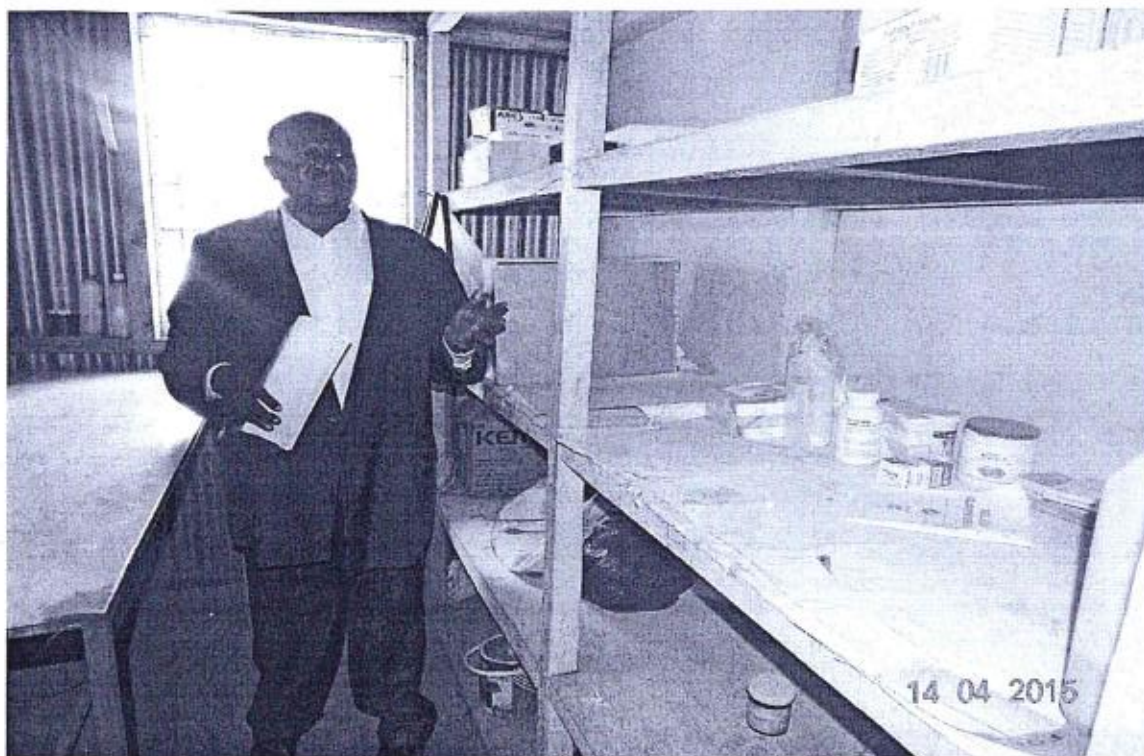


*HSC Members listen to the Chair of Mowlem ward on history of the facility. (Note the iron sheet structure on far left)*



*Members led by HSC Vice Chairman, tour the mabati structure used to offer health services*





*The pharmacy that has no drugs*



*Members outside the iron sheet facility comprising of three tiny rooms*





*A storage iron sheet structure for the facility*



*A Committee Member inspects what the facility uses as a fridge to store medicine*

**~END~**





MINUTES OF THE 050/2015 SITTING OF THE NAIROBI CITY COUNTY ASSEMBLY  
COMMITTEE ON HEALTH SERVICES HELD ON TUESDAY 14<sup>TH</sup> APRIL 2015 AT MOWLEM  
HEALTH CENTRE AT 1.00PM

**PRESENT**

1. Hon. Martin Mugo Kanyi (Deputy Chairman);
  2. Hon. George Ochieng Ochola;
  3. Hon. Peter Oweru Oluoch;
  4. Hon. Erastus Muiruri Mburu;
  5. Hon. Peter Wahinya Kimuhu;
  6. Hon. Elizabeth Sang;
  7. Hon. Leah Mumo Mate;
  8. Hon. Rose Nancy Luchiri;
  9. Hon. Karen Wanjiku Githaiga;
  10. Hon. Abdi Mohammed;
  11. Hon. Tabitha Akinyi Juma;
  12. Hon. Florence Achieng Athembo; and
  13. Hon. Susan Karimi Njue.
- 

**ABSENT**

1. Hon. Manoah Karega Mboku (Chairman);
  2. Hon. Samwel Nyaberi Nyangwara;
  3. Hon. Catherine Okoth; and
  4. Hon. Charles Thuo Wakarindi.
- 

**IN ATTENDANCE**

1. Jacinta Wanza Mulinge----- Nursing officer I
2. Fridah Nyawira Kaburu----- Nursing officer
3. Josphat K Njoroge-----Sub county medical lab coordinator
4. Bernard Maingi-----Sub county clinical officer
5. Lilian Muiruri-----Nursing officer
6. Dr. Gladys Kioko-----Embakasi sub county pharmacist.
7. Gilbert Oganda-----Mowlem jirani muema chairman

**COMMITTEE SECRETARIAT**

1. Joshua Mbila (Secretariat)

**MIN.227/HSC/APRIL 2015 – PRELIMINARIES**

- The Committee arrived at Mowlem health centre at 1.52 pm and was welcomed by the two Centre staff, Chairman Mowlem jirani muema and Embakasi Sub county health management team.
- After prayers by the jirani muema Chair and briefing on Mowlem history, introduction ensued and an outdoor meeting between HSC, Mowlem health centre staff and County health team was held.

**MIN.228/HSC/APRIL 2015 – MEETING BRIEFS**

- In the meeting the following participants contributed as listed:-

❖ Facility In charge

a. Brief of the facility

- i. The facility was an initiative of the Community and it was handed over to the County Government to run.

- ii. The land where it sits initially belonged to Kenya power & Lighting Company who donated it to the Community. It now officially belongs to the County.
- iii. The infrastructure comprises of an iron sheet construction that is further subdivided using iron sheets into three rooms for offering services to the citizens. There is also a store made of iron sheets and a toilet block made of concrete within the compound.
- iv. The facility has only two staff (two nurses) who reported to work on the previous day 14<sup>th</sup> April, 2015.
- v. Inside the facility, it has only;-
  - o A drip stand;
  - o Table;
  - o Sink;
  - o Vaccine carrier;
  - o A small domestic fridge;
  - o A 100 liter water container;
  - o A bed; and
  - o A Plastic chair.
- vi. The next nearest facility is in Kariobangi South.

b. Challenges faced

- i. The facility faces a challenge of staffing, lack of operational equipment as well as medical supplies. A list of equipment required is hereby availed as below;-

♣ EQUIPMENTS REQUIRED FOR MOWLEM CLINIC -16/4/2015

- |   |  |
|---|--|
| ✓ 2 Examination couches                       | ✓ 2 BP Machines ( One manual, and one automatic)     |
| ✓ 6 Dressing packs                            | ✓ Weighing scales(Adult with height board and Child) |
| ✓ 2 Stitching packs                           | ✓ Diagnostic set                                     |
| ✓ Small Autoclave machine                     | ✓ 2 Fetoscopes                                       |
| ✓ IUCD Packs                                  | ✓ 2 Stethoscope                                      |
| ✓ 3 Implant insertion sets and 3 removal sets | ✓ Screen   |
| ✓ 2 Fridge                                    | ✓ Torch-big  |
| ✓ Modification of the drug store              | ✓ Angle light  |
| ✓ 2 Lockable record Cabinet                   | ✓ Water storage tank                                 |
| ✓ 4 Hospital beds, Mattresses, Pillows        | ✓ Toilet connection to sewerage                      |
| ✓ Roof repair                                 | ✓ Small cooking gas                                  |
| ✓ Putting ply wood in all the rooms           | ✓ 2 Sufurias   |
| ✓ Putting up of a waiting bay for clients     | ✓ Thermos  |
| ✓ 6 Chairs and 2 Tables                       | ✓ 6 Cups and spoons                                  |
| ✓ Water dispenser                             | ✓ Colour coded bins and liners                       |
| ✓ 2 Trip stands                               | ✓ 3 padlocks   |
|   | ✓ Hand wash soap                                     |
|   | ✓ Hand Sanitizers                                    |



♣ LAB ITEMS NEEDED LATER FOR OPENING A LAB

1. INFRASTRUCTURE

- Adequate room size >5x4M
- The building must be safe (doors and windows bungler proof)
- proper drainage including sinks
- Proper lighting
- Good ventilation (ratio of window to floor area>15%)

-Glucometer

3-FURNITURE

- Benches of standard height (0.9m high and 0.5m wide and top covered with formica or tiles)
- Laboratory stools
- lockable cabinet

2. EQUIPMENTS

- Binocular microscope
- centrifuge
- Refrigerator
- HB meter

4-UTILITIES

- Tap water
- Good power supply
- Closed drainage

- ii. The facility needs construction of a strong and permanent structure to be financed by the county Government as the one in place is limited in space and quite insecure for housing equipment and supplies.

MIN.229/HSC/APRIL 2015 - WAY FORWARD

- The meeting concluded that the Health Services County Executive Committee Member, Chief Officer and other County Health Officers should accompany HSC and visit the facility so as to deliberate on a common way forward in assisting the facility get on its feet.
- The County should immediately provide the facility with what it needs for daily operations including medical supplies for the facility to start offering preventive, family planning, child welfare and ante-natal care services.
- The County Government to put up a permanent structure.

MIN.230/HSC/APRIL 2015 – CLOSING REMARKS

After concluding the meeting a brief tour took place inside the 3 roomed iron sheet house, the Vice chair gave closing remarks thanking participants and especially the two nurses who had shown exemplary devotion to accepting to work in such conditions where the County had provided no support.

MIN.231/HSC/APRIL 2015 – ADJOURNMENT

There being no other business the Vice Chairman adjourned the meeting at 2.51 pm. Next meeting will be held on Wednesday 15<sup>th</sup> April, 2015 at 11.30 am at Charter Hall.  
Confirmed as true record of the proceedings.

CHAIRMAN.....  
HON MANOAH MBOKU, MCA

DATE 18/6/2015



MINUTES OF THE SITTING 042/2015 OF THE NAIROBI CITY COUNTY ASSEMBLY  
COMMITTEE ON HEALTH SERVICES HELD ON TUESDAY 31<sup>ST</sup> MARCH 2015 IN  
CHARTER HALL AT 11.30AM

PRESENT

1. Hon. Manoh Karega Mboku (Chairman);
2. Hon. Martin Mugo Kanyi (Deputy Chairman);
3. Hon. George Ochieng Ochola;
4. Hon. Samwel Nyaberi Nyangwara;
5. Hon. Erastus Muiruri Mburu;
6. Hon. Rose Nancy Luchiri;
7. Hon. Karen Wanjiku Githaiga;
8. Hon. Abdi Mohammed;
9. Hon. Tabitha Akinyi Juma;
10. Hon. Susan Karemi Njue.
11. Hon. Florence Athembo.

COMMITTEE SECRETARIAT

1. Joshua Mbila

Clerk Assistant

MIN.188/2015 – PRELIMINARIES

- The Chair opened meeting with a word of prayer at 11.41 am.
- Meeting agenda was adopted, proposer was Hon. Muiruri and seconder Hon Karimi.

MIN.189/2015 – REVIEW AND ADOPTION OF 4<sup>TH</sup> QUARTER WORKPLAN

- Work plan was read by the Chair.
- Amendments were proposed as follows:-
  - Site visit for Mowlem to be rescheduled to 7<sup>th</sup> April, 2015.
  - Site visit for Eastleigh ward to be factored for 30<sup>th</sup> April, 2015.

MIN.190/2015 - ANY OTHER BUSINESS

-None

MIN.191/2015 – ADJOURNMENT

There being no other business the Chairman adjourned the meeting at 11.56 am. Next meeting will be held on Wednesday 1<sup>st</sup> April, 2015 at 11.30 am in Charter Hall.

Confirmed as true record of the proceedings.

CHAIRMAN. 

DATE 10/6/2015

HON MANOAH MBOKU, MCA



