

COUNTY GOVERNMENT OF NAIROBI CITY

SECOND ASSEMBLY - FIFTH SESSION

NAIROBI CITY COUNTY ASSEMBLY

VOTES AND PROCEEDINGS

THURSDAY, 9TH SEPTEMBER 2021 AT 2:30PM

- **1.** The Assembly assembled at Thirty minutes past Two O'clock.
- **2.** The Proceedings were opened with Prayer

QUORUM OF THE ASSEMBLY

There being no quorum at the commencement of the sitting the Hon. Deputy Speaker ordered the bell be rung for ten minutes.

There being a quorum at the expiry of the ten minutes, the Deputy Speaker called the Assembly to order.

3. PAPERS LAID: -

The following paper was laid:-

I. THE PUBLIC FINANCE MANAGEMENT (NAIROBI CITY COUNTY BURSARY AND SCHOLARSHIP FUND) REGULATIONS, 2021.

(Hon. Mwaura Samora, MCA)

4. STATEMENTS PURSUANT TO STANDING ORDER 45(2)(C): -

Pursuant to Standing Order 45 (2) (c) the following Members requested for Statements: -

- i. Hon. Mark Ndungu Nganga, MCA requested for a Statement from the Chairperson of the Sectoral Committee on Planning and Housing regarding ownership of NCC RH 1 Estate in Hamza Ward. (Response due in 1 week)
- 5. MOTION:- POLICY, PROGRAMMES AND STRATEGIES TO MITIGATE MENTAL HEALTH PROBLEM IN THE COUNTY

Motion moved and Question proposed:-

THAT, aware that Article 43 of the Constitution of Kenya (2010) gives the citizens of this Country and residents of Nairobi City County a right to the highest attainable standard of health including the right to health care services; further aware that Health Services including County Health facilities and primary health care have been devolved to the County Governments pursuant to paragraph 2 of Part Two of the Fourth Schedule to the Constitution; acknowledging that mental health which includes emotional, psychological, and social well-being, affects how we think, feel, and act and also helps determine how we handle stress, relate to others, and make choices, which are important at every stage of life, from childhood and adolescence through adulthood; concerned that many people in the County and the Country at large are experiencing mental health problems which has been exacerbated by the effects of the Covid-19 pandemic; **noting** that there is no physical test or scan that reliably indicates whether a person has developed a mental illness; recognizing that mental health problem is a serious, lifelong and disabling condition and without the right support it can have a profound effect to individuals and families; observing that one of the functions of the County Persons with disabilities Board is to provide to the maximum extent possible assistive devices, appliances and other equipment to persons with disabilities; and access to available information and technical assistance to all institutions and organizations concerned with the welfare and rehabilitation of persons with disabilities; this Assembly urges the County Executive in conjunction with the Nairobi Metropolitan Services to develop a County mental health policy to address both mental disorders and broader issues that promote mental health; and develop programmes and strategies to promote mental health in the County.

(Hon. Mark Mugambi, Mca)

Debate ensued; Mover replied; Question put and **Agreed to.**

There being no other business and the time being Thirty minutes past three O'clock, the Deputy Speaker adjourned the assembly without Question put pursuant to the Standing Orders.

1. **ASSEMBLY ROSE** - Thirty minutes past three O'clock.

MEMORANDUM

The Speaker will take the Chair on Tuesday, 14th September 2021 at 9.30 a.m.